THINK
ORGANISE
DO

Organising My Morning Routine - Adult

1. Get out of bed

2. Go to the bathroom have a shower

3. Get dressed

3. Assist any family members who require help

5 Have breakfast

6. Go back to bathroom

7. Wash my face, clean teeth, comb hair

8 Gather what is required to go to work

9. Organise other family members if required

8 Travel to work

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